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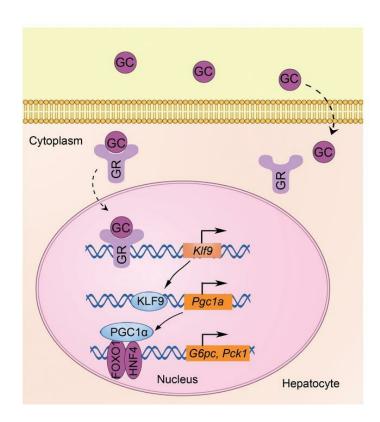
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Dexamethasone-induced Krüppel-like factor 9 expression promotes hepatic gluconeogenesis and hyperglycemia

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Chronic glucocorticoid therapy has serious side effects, including diabetes and fatty liver. However, the molecular mechanisms responsible for steroid-induced diabetes remain largely enigmatic. Here, we show that hepatic Krüppel-like factor 9 (KIf9) gene expression is induced by dexamethasone and fasting. The overexpression of KIf9 in primary hepatocytes strongly stimulated Pgc1a gene expression through direct binding to its promoter, thereby activating the gluconeogenic program. However, KIf9 mutation abolished the stimulatory effect of dexamethasone on cellular glucose output. Adenovirus-mediated overexpression of KLF9 in the mouse liver markedly increased blood glucose levels and impaired glucose tolerance. Conversely, both global KIf9-mutant mice and liver-specific KIf9-deleted mice displayed fasting hypoglycemia. Moreover, the knockdown of KIf9 in the liver in diabetic mouse models, including ob/ob and db/db mice, markedly lowered fasting blood glucose levels. Notably, hepatic KIf9 deficiency in mice alleviated hyperglycemia induced by chronic dexamethasone treatment. These results suggest a critical role for KLF9 in the regulation of hepatic glucose metabolism and identify hepatic induction of KLF9 as a mechanism underlying glucocorticoid therapy-induced diabetes.

Introduction

In mammals, glucose homeostasis is maintained through the hormonal regulation of both hepatic glucose production (HGP) and peripheral glucose uptake. In the fasted state, the secretion of the pancreatic hormone glucagon and the adrenal hormone glucocorticoid (GC) is induced to enhance HGP (gluconeogenesis) to maintain blood glucose levels within a narrow range (1, 2). Glucagon triggers the gluconeogenic program in the liver through the cAMP/PKA/CREB/CRTC2 signaling pathway, where CREB indicates cAMP response element and CRTC2 indicates CREB-regulated transcriptional coactivator 2. The CREB/CRTC2 complex induces the expression of peroxisome proliferatoractivated receptor γ coactivator 1 α (PGC1 α), which in turn coact-

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ivates transcription factors, including hepatocyte nuclear factor 4 α (HNF4 α), forkhead box O1 (FOXO1), and GC receptor (GR), to activate hepatic gluconeogenesis (3–6). However, the abnormal elevation of HGP contributes to fasting hyperglycemia in diabetes (7). In contrast, after a meal, circulating blood insulin levels increase, thereby inhibiting hepatic gluconeogenesis and stimulating glucose uptake and utilization by the peripheral tissues. Insulin inhibits hepatic gluconeogenesis by negatively regulating gluconeogenic transcriptional regulators, including FOXO1, PGC1 α , and CRTC2 (4, 8–13).

Dexamethasone (Dex) and other GCs have been used clinically for decades and represent the most important and frequently used class of antiinflammatory drugs. Unfortunately, long-term GC therapy is associated with metabolic side effects, including hyperglycemia, hypertension, and hepatic steatosis (14, 15). Clinical studies show that GC is elevated in insulin-resistant and glucose-intolerant patients (16, 17). The endogenous overproduction of GCs characterized by Cushing's syndrome is associated with glucose intolerance and the appearance of insulin resistance and altered lipid metabolism (18). In contrast, GC deficiency in humans is characterized by impaired gluconeogenesis, leading to hypoglycemia (19). Although it is well known that GCs induce the expression of hepatic gluconeogenic genes, leading to hyperglyce-

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mia, the underlying mechanism of the induction of hepatic gluconeogenesis by GCs remains largely unclear (15, 19).

Krüppel-like factor 9 (*Klf9*), also called basic transcription element-binding protein-1 (*Bteb1*), was originally isolated from a liver cDNA library (20). Current experimental evidence indicates that KLF9 plays a key role in development and is required for thyroid hormone-dependent actions during neurite extension and branching (21-23). Interestingly, a recent study suggests that KLF9 activates *Pparg2* gene expression, thereby promoting preadipocyte differentiation (24). In addition to its expression in the brain, *Klf9* is highly expressed in the liver (20); however, the physiological function of hepatic KLF9 remains unexplored.

In this study, we show that Dex and fasting induced the expression of hepatic *Klf9*, which in turn activated *Pgc1a* gene expression and the gluconeogenic program. *Klf9* mutation in primary hepatocytes markedly compromised the Dex-mediated induction of the gluconeogenic program. Moreover, hepatic *Klf9* deficiency alleviated Dex-induced hyperglycemia in mice.

Results

Hepatic Klf9 expression is controlled by Dex and nutritional status. The molecular mechanism by which GCs activate hepatic gluconeogenesis remains largely unclear. To identify the mediator of the effects of GCs on hepatic glucose metabolism, we first performed RNA-Seq analysis of the livers of WT C57 BL/6J mice treated with Dex or saline (control) using Illumina/Solexa sequencing technology. Preliminary analysis of RNA-Seq data indicated that, as expected, Dex treatment induced the expression of gluconeogenic genes, including Pck1 and G6pc. Dex also altered the expression of genes involved in lipid metabolism and energy metabolism (Supplemental Figure 1, A-C; supplemental material available online with this article; https://doi.org/10.1172/JCI66062DS1). Notably, Dex treatment significantly induced the expression of Klf9, a transcription factor, and Pgc1a, a master regulator of hepatic gluconeogenesis (Supplemental Figure 1A). Quantitative PCR and Western blot analysis confirmed the Dex-mediated induction of the expression of Klf9 and gluconeogenic genes in intact liver (Figure 1, A and B, Supplemental Figure 1, D and E).

Under fasting conditions, glucagon and GCs are released into circulation to synergistically stimulate hepatic gluconeogenesis (15, 19). Thus, we further studied whether hepatic *Klf9* expression could be regulated by nutritional status. First, preliminary analysis of microarray data indicated that fasting stimulated gluconeogenic genes, including *Klf9* and *Pgc1a* (Supplemental Figure 1F). Moreover, real-time PCR and Western blotting analysis confirmed that fasting induced an increase in mRNA and protein levels of KLF9 and PGC1a in the liver and refeeding reversed this induction (Figure 1, C and D), which is a characteristic regulatory pattern for the genes involved in gluconeogenesis. Our results indicate a correlation between *Klf9* expression and gluconeogenic potential in the liver.

GCs mediate their physiological effects through binding to GR, a member of the nuclear receptor superfamily of transcription factors. Indeed, treatment with the GR antagonist RU486 almost completely abolished the Dex-mediated induction of *Klf9* and gluconeogenic genes in primary hepatocytes (Figure 1E). Although Dex treatment induced *Klf9* gene expression, it did not

significantly influence expression of Klf10 and Klf15, the 2 members of the Krüppel-like factor family that have been shown to regulate gluconeogenesis (25, 26) in hepatocytes (Supplemental Figure 1G). To further investigate the mechanism of the Dexmediated activation of Klf9, the promoter region of Klf9 was cloned and fused to a luciferase reporter gene. The transfection of the GR expression plasmid into HepG2 cells caused marked activation of the Klf9 promoter-reporter gene. Our promoter deletion and mutation assays revealed that a potential GR response element half site (GRE1/2) in the Klf9 gene promoter mediated the stimulatory effect of Dex/GR (Supplemental Figure 1H). ChIP assays using liver extracts from ad libitum-fed and fasted C57BL/6J mice indicated that endogenous GR proteins in the fasted rather than the fed state were recruited to the proximal region, but not to the distal region, of the Klf9 promoter, suggesting that Klf9 is a direct target gene of GR in vivo (Figure 1F).

Klf9 activates the gluconeogenic program in primary hepatocytes. To explore the functional significance of the Dex-mediated induction of Klf9 expression, we first prepared an adenovirus expressing Klf9 (Ad-Klf9) and performed mRNA microarray analysis of primary hepatocytes infected with Ad-Klf9. The microarray data indicated that Klf9 overexpression stimulated the expression of Pgcla and its downstream target genes involved in gluconeogenesis, fatty acid oxidation, and energy metabolism (Supplemental Figure 2, A-C). Furthermore, real-time PCR and Western blotting data confirmed that the induction of Klf9 expression by Ad-Klf9 in primary hepatocytes strongly activated the gluconeogenic program, subsequently promoting cellular glucose production (Figure 2, A-C). In contrast, Ad-Klf9 treatment of primary hepatocytes did not induce the expression of Pgc1b or other well-known factors involved in gluconeogenesis, including Foxo1, Hnf4a, Klf15, and Klf10 (Supplemental Figure 2D), indicating a specific stimulatory effect of KLF9 on PGC1α.

Next, we determined whether KLF9 directly binds to and activates the *Pgc1a* gene promoter by examining the activity of the *Pgc1a* promoter. Mapping and mutation studies revealed that a potential KLF9-binding site in the *Pgc1a* promoter mediated the stimulatory effect of KLF9 on *Pgc1a* gene transcription (Supplemental Figure 2E). The occupancy of the KLF9 protein at this binding site on the *Pgc1a* promoter was confirmed using a ChIP assay (Figure 2D). Notably, fasting promoted the binding of endogenous KLF9 to the *Pgc1a* promoter in vivo, and refeeding reduced KLF9 occupancy on the *Pgc1a* promoter (Figure 2D). Moreover, Dex injection of mice enhanced hepatic KLF9 binding to the *Pgc1a* promoter (Figure 2D). These data suggest that KLF9 regulates PGC1a and the gluconeogenic program in a cell-autonomous manner.

To investigate the role of KLF9 in mediating Dex stimulation of glucose production in hepatocytes, primary hepatocytes were isolated from the livers of global Klf9-mutant mice and WT C57BL/6J mice, followed by treatment with Dex or saline (control). As a result, the treatment of WT primary hepatocytes with Dex resulted in a marked increase in cellular glucose output, whereas *Klf9* mutation significantly attenuated the stimulatory effect of Dex (Figure 2E). Consistent with these effects, *Klf9* mutation reduced the Dex-mediated induction of *Pgc1a*, *Pck1*, and *G6pc* expression (Figure 2, F and G). Of note, *Klf9* mutation decreased expression of *Pgc1a*, *Pck1*, and *G6pc*, while the other

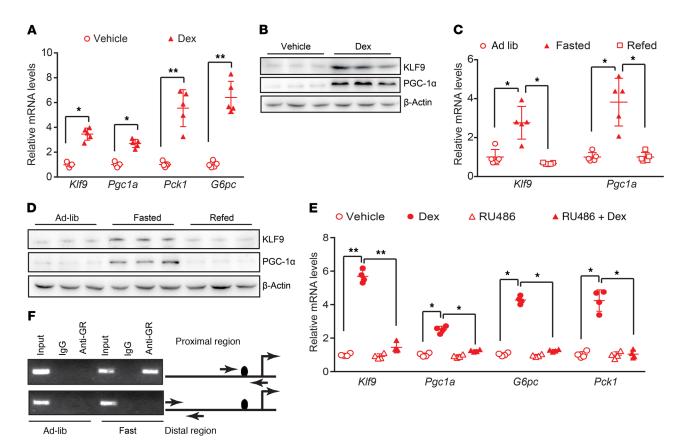


Figure 1. Hepatic *Klf9* **expression is induced by fasting and Dex. (A)** Quantitative PCR analysis of hepatic *Klf9*, Pgc1a, Pck1, and G6pc in C57BL/6J mice 12 hours after injection with saline or Dex (1 mg/kg) (n = 5/group). (**B**) Representative Western blot analysis of hepatic KLF9 and PGC1α in the mice described in **A**. (**C**) Quantitative PCR analysis of hepatic *Klf9* and Pgc1a in mice under ad libitum–fed, 24 hour–fasted or 12 hour–refed conditions (n = 5/group). (**D**) Representative Western blot analysis of hepatic KLF9 and PGC1α in mice described in **C**. (**E**) Quantitative PCR analysis of Klf9, Pgc1a, Pck1, and G6pc in mouse primary hepatocytes treated with 100 nM Dex and/or 10 μM of the GR antagonist RU486 for 12 hours. (**F**) ChIP assays performed as described in Methods showing that fasting leads to the binding of endogenous GR proteins to GRE1/2 on the Klf9 promoter region, but not the distal region, which lacks GREs (negative control), as indicated. Data are shown as mean \pm SEM. *P < 0.05; * $\pm P < 0.01$, 2-tailed Student's \pm test (**A**), 1-way ANOVA (**C**, **E**).

factors involved in gluconeogenesis, including *Foxo1*, *Hnf4a*, and *Klf15*, were not altered in *Klf9*-mutant hepatocytes (Figure 2F and Supplemental Figure 2F). These data suggest an essential role of KLF9 in mediating the stimulatory effect of Dex on hepatocyte gluconeogenesis. To determine whether the stimulatory effects of KLF9 on PEPCK and G6Pase were PGC1α dependent, we generated an adenovirus encoding an shRNA specific to *Pgc1a* (Ad-shPGC1α). We found that the knockdown of *Pgc1a* significantly reduced the effects of KLF9 on the expression of *G6pc* and *Pck1* and on cellular glucose production (Figure 2, H and I), confirming that PGC1α mediates the effects of KLF9 on cellular glucose production.

Overexpression of Klf9 in the liver stimulates gluconeogenesis in vivo. To explore the physiological function of KLF9 in the liver, we injected Ad-Klf9 into C57BL/6J mice via the tail vein. The induction of KLF9 in the liver using adenovirus markedly increased the expression of gluconeogenic genes, subsequently elevating blood glucose levels (Figure 3, A–C). Consistent with the previous study (4), endogenous PGC1 α protein was recruited to the promoter regions of Pck1 and G6pc genes harboring a FOXO1-binding element. Of note, fasting enhanced PGC1 α protein binding to the promoter of these genes (Supplemental Figure 3A). The glucose tolerance test (GTT) indicated that hepatic overexpression of Klf9 impaired glucose tolerance

erance (Figure 3D). We also examined blood glucose levels in mice following i.p. injection of sodium pyruvate. The pyruvate tolerance test (PTT) indicated that hepatic gluconeogenesis was increased in Ad-Klf9-infected mice (Figure 3E). To further explore whether the effects of KLF9 on hepatic gluconeogenesis are PGC1α dependent in vivo, WT mice were injected with Ad-Klf9 in combination with Ad-shPGC1α or Ad-shCtrl (as a control). As a result, the knockdown of *Pgc1a* significantly reduced the stimulatory effects of KLF9 on hepatic gluconeogenic genes and blood glucose levels (Supplemental Figure 3, B and C), confirming that PGC1α is the major mediator of KLF9 action on hepatic gluconeogenesis.

Hepatic Klf9 deficiency in mice leads to fasting hypoglycemia. Based on the above data, we hypothesized that endogenous KLF9 is required for maintaining blood glucose homeostasis. To test this hypothesis, we first employed global Klf9-mutant mice and WT littermates as controls (27). Klf9 mutation did not affect food intake or the weight or morphology of the liver under the feeding conditions used (data not shown). As expected, Western blot analysis failed to detect hepatic KLF9 protein in these mutant mice. The blood glucose levels in Klf9 mutant mice were comparable to those observed in the control mice on the normal chow diet (Supplemental Figure 4A). However, the hepatic mRNA and protein levels of gluconeogenic genes were decreased in Klf9 mutant mice

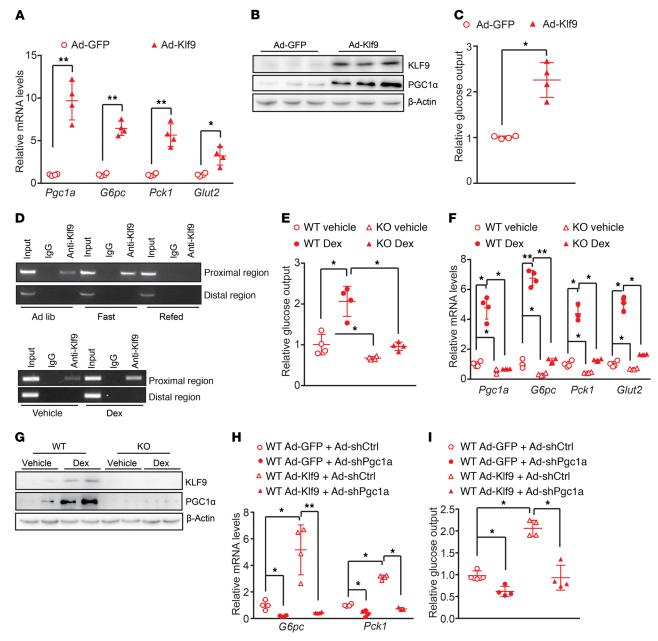
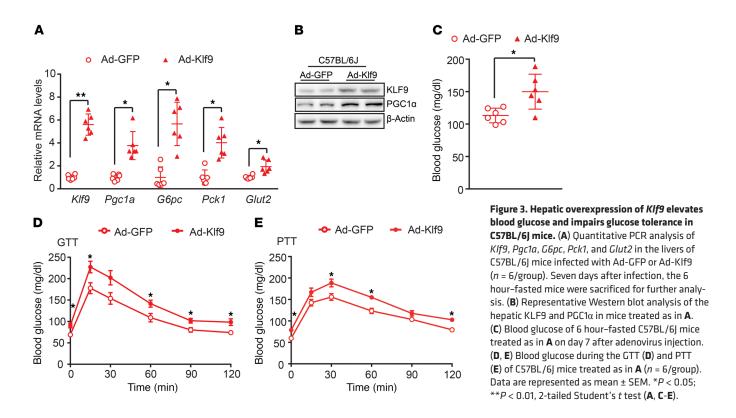


Figure 2. KLF9 activates the gluconeogenic program in primary hepatocytes through PGC1α. (**A**) Quantitative PCR analysis showing mRNA levels of *Pgc1a, G6pc, Pck1*, and *Glut2* in mouse primary hepatocytes infected with Ad-GFP or Ad-Klf9. Cells were harvested for further analysis 48 hours after infection. (**B**) Western blot analysis of KLF9 and PGC1α in primary hepatocytes treated as described in **A**. (**C**) Glucose output assay showing the effects of *Klf9* overexpression on glucose production in primary hepatocytes as described in **A**. (**D**) ChIP assay performed as described in Methods, showing that both fasting (top panel) and Dex treatment (bottom panel) promote endogenous KLF9 binding to the proximal region of the *Pgc1a* gene promoter, but not the distal region (as a negative control). (**E**) Glucose output assay showing glucose production in primary hepatocytes isolated from global *Klf9*-mutant and WT C57BL/6 mice treated with Dex (100 nM) or saline for 12 hours. (**F**) Quantitative PCR analysis (left) of *Pgc1a*, *G6pc*, *Pck1*, and *Glut2* in the primary hepatocytes described in **E**. (**G**) Representative Western blot analysis of hepatic KLF9 and PGC1α in the primary hepatocytes described in **E**. (**H**) Quantitative PCR analysis of *G6pc* and *Pck1* in primary hepatocytes infected with the indicated adenoviruses. (I) Glucose output assay showing glucose production in the primary hepatocytes described in **H**. Data are represented as mean ± SEM. **P* < 0.05; ***P* < 0.01, 2-tailed Student's *t* test (**A**, **C**), 2-way ANOVA (**E**, **F**), or 1-way ANOVA (**H**, **I**).

compared with those in control mice in the fasted state (Supplemental Figure 4, B and C). Correspondingly, *Klf9*-mutant mice displayed lower fasting blood glucose levels (Supplemental Figure 4D). PTT experiments indicated that hepatic gluconeogenesis was decreased in *Klf9*-mutant mice compared with that in control mice (Supplemental Figure 4E).

To further determine whether hepatic KLF9 deficiency contributes to fasting hypoglycemia, we first generated *Klf9^{fl/fl}* mice with loxP sites flanking exon 1 of the *Klf9* gene and obtained liverspecific *Klf9*-knockout mice by crossing *Klf9^{fl/fl}* mice with Alb-Cre mice, which expressed the Cre-recombinase gene under the control of the albumin gene promoter. The resulting Alb-Cre; *Klf9^{fl/fl}*



mice are henceforth referred to as Klf9alb-/- mice (Supplemental Figure 5, A and B). Littermates lacking the Cre gene (homozygous Klf9^{fl/fl} mice) were used as controls. Klf9 expression was specifically reduced in liver of Klf9alb-/- mice, while it remained unchanged in other tissues examined (Figure 4A and Supplemental Figure 5C). As a result, the Klf9alb-/- mice had decreased expression of gluconeogenic genes in the fasted state and displayed fasting hypoglycemia. GTT and PPT data indicated that the Klf9alb-/- mice had enhanced glucose tolerance and decreased hepatic gluconeogenesis (Figure 4, A-D). These data clearly suggest that hepatic KLF9 plays an essential role in regulating systemic glucose homeostasis. Furthermore, we also examined glucose metabolism of Klf9^{alb-/-} mice fed a high-fat diet. Likewise, hepatic Klf9 deficiency also reduced expression of gluconeogenic genes in the fasted state, thereby decreasing fasting blood glucose levels, improving glucose tolerance, and lowering hepatic gluconeogenesis (Supplemental Figure 6).

PGC1 α lies downstream of KLF9, and hepatic *Klf9* deficiency decreases *Pgc1a* expression. Thus, we also performed *Pgc1a* rescue experiments in *Klf9* alb-/- mice. As a result, adenovirus-mediated PGC1 α overexpression increased blood glucose levels in both *Klf9* alb-/- and *Klf9* mice, and the blood glucose levels in Ad-Pgc1a-infected *Klf9* mice were comparable to those in Ad-Pgc1a-infected *Klf9* mice (Figure 4E). Consistent with these effects, *Pgc1a* rescue reversed the decreased expression of *G6pc* genes in the livers of *Klf9* mice (Figure 4F). These data further confirm that PGC1 α mediates the stimulatory effects of KLF9 on hepatic glucose metabolism.

Mice with Klf9 deficiency in the liver display fasting-induced hepatic steatosis. Given that PGC1α is a direct target gene of KLF9 and regulates hepatic fatty acid oxidation through coactivating

PPARα in response to fasting (28-30), we next explored whether Klf9 deficiency affected hepatic lipid metabolism. Under feeding conditions, the livers of the Klf9alb-/- mice appeared grossly normal (Supplemental Figure 7A). However, after a prolonged fast (24 hours), the Klf9alb-/- mice displayed hepatic steatosis, as revealed by gross morphological changes and histological analysis (H&E staining) (Figure 5A). Biochemical analysis also revealed a significant increase in hepatic and serum triglycerides (TGs) (Figure 5, B and C). Additionally, serum free fatty acid (FFA) was increased in the Klf9^{alb-/-} mice (Figure 5D). However, the hepatic and serum cholesterol remained unchanged (data not shown), indicating that KLF9 specifically regulated TG metabolism. We also studied the molecular mechanism responsible for the hepatic steatosis observed in the fasted Klf9alb-/- mice. We found that the mRNA levels of the target genes of Ppara, a master regulator of fatty acid oxidation, including Mcad, Cpt1a, Cyp4a10, and Cyp4a14, were decreased in the liver of the Klf9alb-/- mice (Figure 5E). Correspondingly, the ketone body levels in the serum of fasted Klf9^{alb-/-} mice were reduced (Supplemental Figure 7B). Meanwhile, hepatic Klf9 deficiency decreased expression of lipogenic genes, including Srebp1c, Acc, and Scd1, in the fasted state (Supplemental Figure 7C). To further confirm that the decrease in Pgc1a contributes to hepatic steatosis observed in Klf9alb-/mice, we performed Pgc1a rescue in livers of Klf9alb-/- mice. As expected, adenovirus-mediated Pgc1a overexpression reversed the decreased expression of genes involved in fatty acid oxidation, subsequently reducing hepatic TG levels in Klf9alb-/- mice (Supplemental Figure 7, D and E). We observed similar results in global Klf9-mutant mice (Supplemental Figure 8). These global Klf9-mutant mice also displayed fasting-induced hepatic steatosis and had increased TG levels in liver as well as increased serum

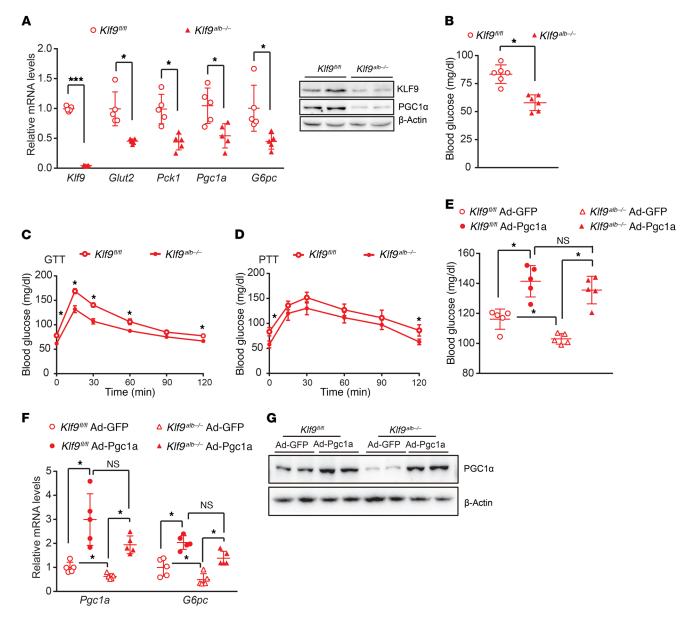


Figure 4. Liver-specific *Klf9*-deficient mice display decreased fasting blood glucose and enhanced glucose tolerance. (A) Quantitative PCR (left panel) and Western blot (right panel) of *Klf9* and other gluconeogenic genes/proteins in the livers of 6 hour-fasted *Klf9*^{gib-/-} mice and control littermates (*Klf9*^{fi/fi}) at 8 to 9 weeks of age (n = 5/group). (B) Blood glucose in 6 hour-fasted *Klf9*^{fi/fi} mice or *Klf9*^{gib-/-} mice (n = 8/group). (C, D) Blood glucose during GTT (C) and PTT (D) of *Klf9*^{fi/fi} mice or *Klf9*^{gib-/-} mice (n = 6/group). (E) Blood glucose in 6 hour-fasted *Klf9*^{fi/fi} mice and *Klf9*^{gib-/-} mice injected with Ad-GFP or Ad-Pgc1a (n = 5/group). (F) Quantitative PCR analysis of hepatic *Pgc1a* and *G6pc* mRNA levels in mice treated as in E (n = 5/group). (G) Representative Western blot analysis of hepatic PGC1 α protein levels in mice treated as in E. Data are represented as mean \pm SEM. *P < 0.05; ***P < 0.001, 2-tailed Student's t test (A-D) or 2-way ANOVA (E, F).

TG and FFA levels (Supplemental Figure 8, A–D). Consistently, the expression of genes involved in fatty acid oxidation was also decreased in the *Klf9*-mutant mice (Supplemental Figure 8E). The changes in expression of these genes suggest that reduced fatty acid oxidation in hepatocytes may be a contributor to fasting-induced hepatic steatosis.

Hepatic Klf9 deficiency alleviates hyperglycemia induced by chronic Dex treatment. Long-term Dex therapy has serious side effects, including hyperglycemia and diabetes. To determine whether the induction of Klf9 by Dex/GR could account for this effect, Klf9^{alb-/-} mice and Klf9^{fl/fl} mice (control) were injected i.p.

with Dex (1 mg/kg) or saline every other day for 2 months. Dex treatment did not significantly affect body weight gain or food intake (data not shown). However, long-term injection of Dex into control mice led to hyperglycemia, impaired glucose tolerance, and enhanced hepatic gluconeogenesis compared with saline treatment (Figure 6, A–C). Consistent with these findings, Dex treatment induced the expression of gluconeogenic genes in the livers of control mice (Figure 6, D and E). Strikingly, hepatic Klf9 deficiency significantly reduced the Dex-mediated induction of gluconeogenic gene expression and alleviated the glucose intolerance and hyperglycemia induced by Dex (Figure 6). These data

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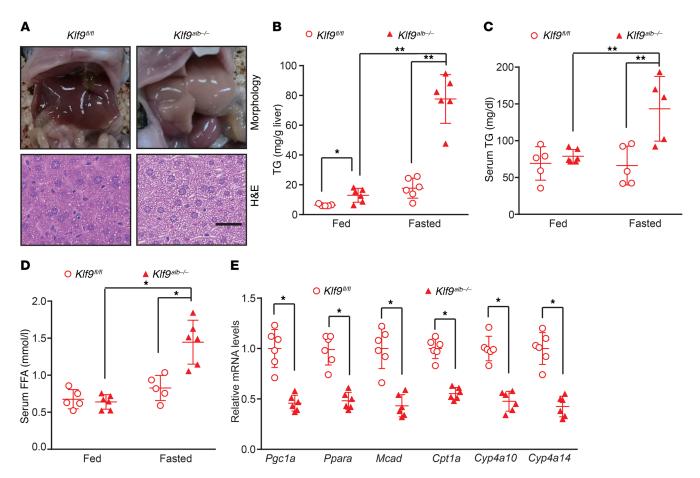


Figure 5. Liver-specific *KIf9*-deficient mice display fasting-induced hepatic steatosis. (A) Representative gross morphology and H&E staining of livers from $KIf9^{nlr-l}$ mice and $KIf9^{nlr-l}$ mice fasted for 24 hours. (**B-D**) Biochemical analysis showing hepatic TG (**B**), serum TG (**C**), and FFA (**D**) content in ad libitum-fed or 24 hour-fasted $KIf9^{nlr-l}$ mice and $KIf9^{nlr-l}$ mice (n = 5/group). (**E**) Quantitative PCR analysis of Pgc1a, Ppara, Para, Pa

clearly demonstrate that *Klf9*, at least in part, mediates the Dex/GR effects on hepatic glucose metabolism and hyperglycemia.

Hepatic silencing of Klf9 alleviates hyperglycemia in other diabetic mice. Increased hepatic gluconeogenesis contributes to hyperglycemia. Moreover, GCs are dramatically increased in various metabolic syndrome models, including db/db and ob/ob mice (31). Thus, we first examined Klf9 expression in the livers of db/db mice. Hepatic Klf9 expression was significantly increased in db/db mice compared with that in control mice (Figure 7, A and B). Next, we determined whether hepatic KLF9 also affected the diabetic phenotype in db/db mice. We generated an adenovirus encoding an shRNA specific to the Klf9 gene (Ad-shKlf9) and an adenovirus encoding an shRNA against luciferase as a control (Ad-shCtrl). Interestingly, the infusion of Ad-shKlf9 into db/db mice via the tail vein led to a decrease in the expression of Klf9 and its target genes in the liver (Figure 7, C and D), subsequently leading to a marked decrease in fasting blood glucose levels in obese db/db mice (Figure 7E). The GTT and PTT results showed that Klf9 knockdown led to an improvement in glucose intolerance and a decrease in hepatic gluconeogenesis in db/db mice (Figure 7, F and G).

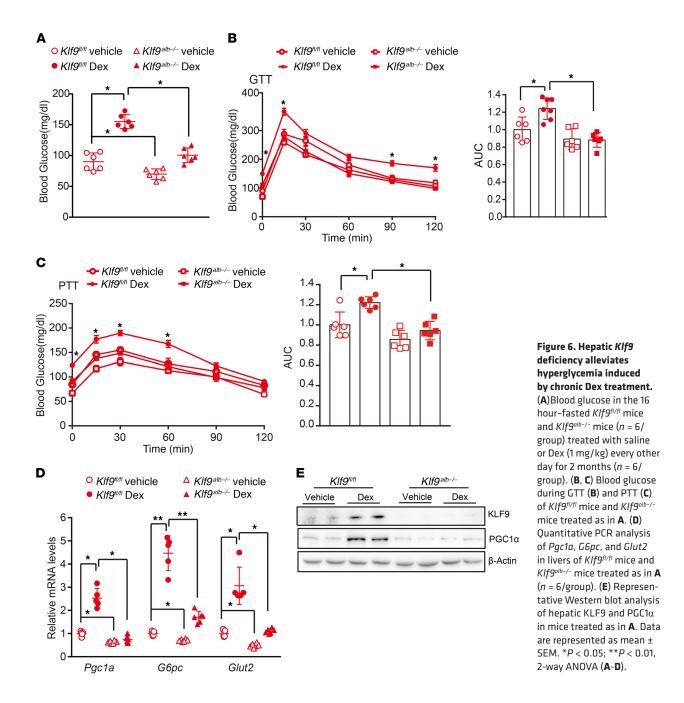
These experiments were broadened to *ob/ob* mice, and similar results were observed. The knockdown of *Klf9* in the livers of

ob/ob mice also significantly decreased the expression of Klf9 and its downstream genes, subsequently decreasing blood glucose levels (Supplemental Figure 9, A-C), improving glucose intolerance (GTT data), and decreasing hepatic gluconeogenesis (PTT data) (Supplemental Figure 9, D and E). These results suggest that hepatic Klf9 knockdown in diabetic mice reduces hepatic gluconeogenesis, eventually resulting in reduced blood glucose levels.

Based on previous reports and the results obtained in the present study, we propose a model for the regulation of hepatic gluconeogenesis by GCs. GCs promote hepatic gluconeogenesis through a GC/GR/KLF9/PGC1 α /gluconeogenic gene signaling pathway (Figure 7H).

Discussion

GCs can induce hepatic gluconeogenesis, insulin resistance, and hyperglycemia (14, 32–34). However, the molecular mechanisms responsible for these effects of GCs are not well understood. Dex stimulates Pck1 gene expression (35–37). The GC response of the Pck1 gene is mediated through a complex GC response unit (GRU), which comprises a tandem array of 3 accessory factor elements (AF1–3; HNF4 α binds to AF1 and AF3 element; FOXO1 binds to AF2) and 2 nonconsensus GR-binding elements (GR1–2) (3, 4, 31,



35). However, GR1 and GR2 have little intrinsic activity in the context of the Pck1 gene promoter or a heterologous promoter. Moreover, both of these nonconsensus elements bind to GR in vitro with low affinity (36–38). Notably, the mutation of any of the accessory factor elements results in at least a 50% reduction of GC-stimulated Pck1 gene transcription. Any combination of 2 mutations in AF elements nearly abolishes the response (36, 38, 39). These findings suggest that HNF4 α and FOXO1 are required for the Dex-mediated induction of Pck1. Interestingly, all of these transcription factors, including FOXO1, HNF4 α , and GR, can be coactivated by PGC1 α (3, 4); thus, it is logical to speculate that PGC1 α may mediate the effect of Dex on the induction of the Pck1 gene. However, no GRE is identified in the Pgc1a gene promoter (3, 40, 41), indicating that Dex induces PGC1 α via an indirect mechanism. In this study, we show that Dex induces expression of the Klf9

gene, which in turn activates *Pgc1a* and gluconeogenic genes. Thus, our results clarify the molecular mechanism by which Dex induces the *Pck1* gene and clearly explain why both FOXO1 and HNF4 are required for this process, although expression of FOXO1 and HNF4 are not altered by *Klf9* overexpression or Dex treatment.

In this study, we also assessed the molecular mechanism of Dex-mediated activation of *Klf9* expression and showed that Dex/GR activates *Klf9* gene transcription through direct binding to the *Klf9* gene promoter. Notably, we also observed that the mutation of the identified GRE1/2 in the *Klf9* promoter did not completely abolish the stimulatory effects of Dex/GR on reporter activity, implying that more than one GRE exists in the *Klf9* promoter or that other transcription factors mediate the effects of Dex/GR on *Klf9* expression. We further confirmed that KLF9 directly bound to and activated the *Pgc1a* gene promoter. Based on previous

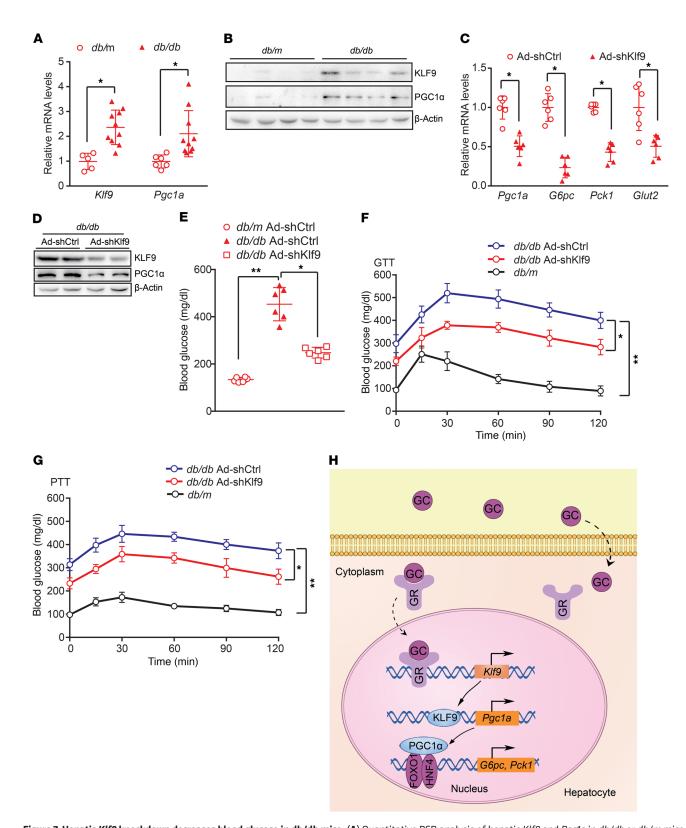


Figure 7. Hepatic KIf9 knockdown decreases blood glucose in db/db mice. (A) Quantitative PCR analysis of hepatic KIf9 and Pgc1a in db/db or db/m mice (db/db, n = 10 mice; db/m, n = 6 mice). (B) Representative Western blot analysis of hepatic KLF9 and PGC1α in db/db or db/m mice. (C) Quantitative PCR analysis of hepatic Pgc1a, G6pc, Pck1, and Glut2 in db/db mice injected with Ad-shCtrl or Ad-shKlf9 (n = 6/group). Seven days after infection, 6 hour-fasted mice were sacrificed for further analysis. (D) Representative Western blot analysis of KLF9 and PGC1α in livers of db/db mice treated as in C. (E) Blood glucose of 6 hour-fasted db/db or db/m mice treated as in C (n = 6/group). (F-G) Blood glucose during GTT (F) and PTT (G) in db/db mice infected with Ad-shCtrl or Ad-shKlf9 or db/m mice (n = 6/group). (H) Proposed model of GC induction of hepatic gluconeogenesis and hyperglycemia. GCs are diffused into hepatocytes, where GCs bind to GRs in the cytosol. The GC/GR complex translocates into the nucleus to activate Klf9 gene transcription, which in turn promotes Pgc1a expression, thereby activating the hepatic gluconeogenic program and leading to hyperglycemia. Data are represented as mean ± SEM. *P < 0.05; **P < 0.01, 2-tailed Student's t test (A, C) or 1-way ANOVA (E-G)

reports and the data obtained in the present study, we propose that Dex activates gluconeogenic genes through the Dex/GR/KLF9/ $PGC1\alpha$ signaling pathway.

In addition to KLF9, the other 2 members of the KLF family, KLF10 and KLF15, have been shown to regulate hepatic gluconeogenesis (25, 26). KLF10 was reported to repress gluconeogenesis (male global Klf10-KO mice displayed postprandial and fasting hyperglycemia [ref. 42], suggesting that KLF9 and KLF10 have the opposite role in the case of gluconeogenesis). Additionally, Gray et al. reported that KLF15 regulates gluconeogenesis (25). However, KLF15 regulates gluconeogenesis through modulating expression of genes encoding amino acid-degrading enzyme, such as alanine aminotransferase 1 (ALT1), proline dehydrogenase (ProDH), tryptophan 2,3-dioxygenase (TDO2), and others, to control gluconeogenic substrate availability. Remarkably, KLF15 does not regulate expression of gluconeogenic genes, including Pck1 and G6pc (25). Thus, although both KLF9 and KLF15 regulate hepatic gluconeogenesis, they exert their physiological function through completely different molecular mechanism. Asada et al. reported that Dex promotes adipogenic differentiation of mesenchymal stem cells and mouse embryonic fibroblasts via induction of Klf15 (42). However, in the present study, we did not observe that Dex treatment induces Klf15 significantly in primary hepatocytes, indicating that Dex induction of Klf15 is cell type specific. Notably, Dex still modestly induced expression of G6pc and Pck1 in Klf9-knockout hepatocytes, although the induction extent in Klf9-knockout hepatocytes is less than that in WT hepatocytes. These results suggest that KLF9 partially mediates Dex induction of these gluconeogenic genes and that other factors might also play a role in this physiological process. In addition to Dex/GR, Klf9, also known as Bteb1, might be regulated by other physiological processes, such as exercise (43). Likewise, Klf9 overexpression still modestly stimulated expression of these gluconeogenic genes and glucose production in the hepatocytes or liver with Pgc1a knockdown. These results indicate that factors other than PGC1α also mediate KLF9 effects on gluconeogenesis. The other possibility is that KLF9 might also directly activate transcription of G6pc and Pck1 genes. Further studies are required to clarify this question.

Morita et al. and Simmen et al. reported that Klf9 mutant mice exhibited deficits in development (27, 44). However, they did not examine the metabolic phenotype in these mutant mice. In the present study, we show that global Klf9-mutant mice display fasting hypoglycemia. Liver-specific Klf9-deleted mice also exhibit fasting hypoglycemia, and hepatic Klf9 deficiency alleviates Dex induction of hyperglycemia. These results clearly demonstrate that hepatic Klf9 deficiency leads to a defect in gluconeogenesis and contributes to fasting hypoglycemia, and hepatic KLF9 specifically mediates the stimulatory effects of Dex on gluconeogenesis. Interestingly, Opherk et al. reported that mice with hepatic deletion of the GR exhibited fasting hypoglycemia (32), a metabolic phenotype similar to that observed in our liver-specific Klf9-deleted mice, also suggesting that KLF9 acts as a mediator of GC/GR signaling. In this study, we show that Dex-induced KLF9 plays an important role in regulating hepatic gluconeogenesis. Of note, we studied glucose metabolism of mouse models used in the present study with traditional GTT and PTT experiments. Euglycemic-hyperinsulinemic clamp experiments are required to further confirm our results.

Although KLF9 inhibition would improve hyperglycemia in insulin-resistant and diabetic states, it might exacerbate fatty liver due to possibly reduced fatty acid oxidation and mitochondrial oxidative phosphorylation. Consistently, Satapati et al. also reported that inhibition of gluconeogenesis prevents fatty acid-induced oxidative metabolism and stress (45). Based on our study, we propose that GC stimulates *Klf9* expression and hepatic gluconeogenesis, thereby leading to hyperglycemia. Theoretically, stimulation of *Klf9* mediated by GC should alleviate fatty liver through promoting fatty acid oxidation. However, in reality, long-term treatment of mice with GC leads to fatty liver. One possible molecular mechanism is that GC induces hepatic steatosis via interference with Hes1 gene expression (33). Thus, GC induces hyperglycemia and fatty liver through distinct molecular mechanisms.

Additionally, our preliminary data (insulin tolerance test [ITT]) indicates that alteration of Klf9 expression in livers of WT mice or db/db mice led to a change in insulin sensitivity. Pgc1a, the direct target gene of KLF9, has been reported to remarkably promote insulin resistance in liver through the induction of TRB3 (28). Thus, we speculated that KLF9 might regulate insulin resistance through the KLF9/PGC1α/TRB-3 signaling pathway. More evidence is required to confirm this hypothesis. Notably, the adenovirus-mediated knockdown of hepatic Pgc1a in WT and db/db diabetic mice reduced fasting blood glucose and increased hepatic TGs (28). Consistent with these findings, Pgc1a-knockout mice displayed fasting hypoglycemia and hepatic steatosis (29, 46), which virtually phenocopied the Klf9-mutant mice, underscoring the role of PGC1α in mediating the effects of KLF9 on glucose and lipid metabolism. Although KLF9 activated PGC1α in the liver and both Klf9-deficient and Pgc1a-knockout mice displayed fasting hypoglycemia, the biological functions of KLF9 and PGC1a are not completely consistent. For example, Zucker et al. reported that KLF9 increases ROS levels in various types of cells and mouse tissues. Klf9-deficient mice display resistance to bleomycininduced oxidative stress (47). In contrast, PGC1α protects neural cells from oxidative stress-mediated death. Pgc1a-null mice are much more sensitive to the neurodegenerative effects of oxidative stress (48). Moreover, despite having decreased mitochondrial function, Pgc1a-deficient mice are paradoxically lean, which is attributed to a profound hyperactivity of these mutant mice associated with lesions in the striatal region of the brain (46), although hyperactivity is not observed in the global Klf9-mutant mice. In sharp contrast, global Klf9-mutant mice become obese with age (our unpublished observations). The molecular mechanisms underlying these discrepancies warrant further investigation.

Aberrant hepatic gluconeogenesis contributes to insulin resistance and diabetes. Thus, the inhibition of gluconeogenesis is an attractive therapeutic strategy for the treatment of diabetes. Our data identify the hepatic activation of KLF9 as a mechanism underlying GC-induced hepatic gluconeogenesis and diabetes. KLF9 may serve as a target for the treatment of type 2 diabetes, especially GC therapy–driven diabetes.

Methods

Animal treatment. Klf9^{fl/fl} mice were generated by the CRISPR/Cas9 system at Biocytogen. Briefly, eight 5' sgRNA and eight 3' sgRNA were designed by the CRISPR design tool (http://crispr.mit.edu) to target

a region upstream and downstream of exon 1, respectively, and then were screened for on-target activity using a Universal CRISPR Activity Assay (UCA) (Biocytogen). Based on an sgRNA activity assay, 2 sgRNAs (sgRNA3: 5'-TATGTACAATAGTGTATAGC-3'; sgRNA16: 5'-ACCACCAGAGCTAGTTGACC-3') were selected. The T7 promoter sequence was added to the Cas9 or sgRNA template by PCR amplification in vitro. Circular targeting vector containing exon 1 flanked by 2 LoxP sites and 2 homologous arms was mixed with Cas9 mRNA and sgRNAs and then comicroinjected into the cytoplasm of 1-cell stage fertilized C57BL/6N eggs. The injected zygotes were transferred into oviducts of Kunming pesudopregnant females to generate F0 mice. FO mice with the expected genotype confirmed by tail genomic DNA PCR and sequencing were mated with C57BL/6N mice to establish germline-transmitted F1 founders. F1 founders were genotyped by tail genomic PCR/DNA sequencing, and Southern blot examination was performed to further confirm correct genotype.

Albumin-Cre mice were provided by Hongbing Zhang (Institute of Basic Medical Sciences, Peking Union Medical College). To generate hepatic-specific *Klf9*-knockout mice, *Klf9*^{fl/fl} mice were crossed with Albumin-Cre, *Klf9*^{fl/fl} mice to obtain Albumin-Cre, *Klf9*^{fl/fl} mice (called Klf9^{alb-/-}). The *Klf9*^{fl/fl} littermates were used as controls. Global *Klf9*-mutant mice were obtained from the Jackson Laboratory (catalog 012909). Male 8- to 12-week-old C57BL/6J, *ob/ob*, and *db/db* mice were purchased from the Model Animal Research Center of Nanjing University (Nanjing, China) and were housed and maintained in 12-hour light/12-hour dark photoperiods. For the viral injections, 1 to 2 × 10° PFU per recombinant virus were administered by tail vein injection into the C57BL/6J, *ob/ob*, and *db/db* mice. For chronic Dex injections, 8-week-old *Klf9*^{fl/fl} and *Klf9*^{alb-/-} male mice received i.p. injections of Dex (1 mg/kg/every other day) or saline for 2 months.

Preparation of recombinant adenoviruses. Adenoviruses expressing Klf9 and Pgc1a were prepared as previously described (49). Briefly, the full-length mouse Klf9 or Pgc1a gene was first cloned into the pAd-Track-CMV shuttle vector. The resultant plasmid was linearized by digesting with restriction endonuclease PmeI and subsequently transformed into competent cells, which were BJ5183 derivatives containing the adenoviral backbone plasmid pAdEasy-1. Recombinants were selected for kanamycin resistance, and recombination was confirmed by restriction endonuclease analyses. Overall, the confirmed recombinant adenovirus plasmids were digested with PacI to liberate both inverted terminal repeats and transfected into HEK-293A cells. Recombinant adenoviruses were typically generated within 14 to 20 days.

For RNA interference, oligonucleotides targeting mouse *Pgc1a* (5'-GGTGGATTGAAGTGGTGTAGA-3') or luciferase (5'-CTTAC-GCTGAGTACTTCGA-3') were annealed and cloned into the pAd-Track-U6 vector. Adenoviruses expressing shRNA against luciferase and *Pgc1a* were prepared as above. Adenoviruses were purified by the cesium and dialyzed against PBS buffer containing 10% glycerol.

Isolation and culture of mouse primary hepatocytes. For hepatocyte preparation, mice were anesthetized with an i.p. injection of bromethol. Livers were subjected to 2-step collagenase perfusion through the portal vein, as previously described (50). First, 50 ml of Ca²⁺-free/Mg²⁺-free HBSS supplemented with 2 mM EGTA, 20 mM Hepes, and 10 mM NaHCO3, pH 7.4, was infused with a pump at a flow rate of 7 ml/min for 6 minutes. Then the livers were perfused with HBSS containing 0.05% (w/v) collagenase type II (MilliporeSigma) at the same flow rate for 5 minutes. The HBSS was preinfused with 95% O, and 5%

 ${\rm CO}_2$ and kept in a 37°C water bath. After the 2-step perfusion, livers were excised and hepatocytes were flushed out and filtered through a 70 μ m pore size mesh nylon filter. Cells were washed 3 times with ice-cold HBSS and centrifuged at 50 g for 2 minutes at 4°C. The cells were more than 80% viable, as evaluated by Trypan blue exclusion. Hepatocytes were seeded at 10^7 cells/ $10~{\rm cm}^2$ on rat tail collagen-coated plates and cultured with RPMI 1640 medium (H10394; Invitrogen) containing 10% (v/v) FBS, 50 units/ml penicillin, and 50 μ g/ml streptomycin. After 4 hours, unattached cells were washed away with PBS and fresh medium was added for an overnight incubation.

Adenoviral infections. Six to twelve hours after attachment, primary hepatocytes were infected with indicated adenoviruses (1.0 \times 10^7 infection particles per cell of a 6-well plate) for 48 hours in RPMI 1640 medium (containing 10%FBS, 50 units/ml penicillin, and 50 µg/ml streptomycin). Forty-eight hours after infection, cells were harvested for total RNA or protein extraction.

Tolerance tests. For the GTT, the mice were fasted for 16 hours and injected i.p. with glucose (1 g/kg). For PTT, the mice were fasted for 16 hours and injected i.p. with 1.5 g/kg sodium pyruvate. The blood glucose concentrations were measured from the tail blood at the indicated times.

Metabolites. Serum concentrations of TG, cholesterol, and FFAs were determined using an automated Monarch device (Peking Union Medical College Hospital). Blood glucose levels were monitored from tail vein blood using a glucose monitor (OneTouch; LifeScan Inc.). Hepatic concentrations of triacylglycerol and total cholesterol were measured using a colorimetric diagnostic kit (Applygen Technologies E1013). Serum ketone body concentrations were determined by Enzy-Chrom Ketone Body Assay Kit (BioAssay Systems, EKBD-100).

Quantitative PCR. Total RNA from either the mouse livers or the primary hepatocytes was extracted using the TRIzol-based method (Invitrogen). cDNA was prepared using the Applied Biosystems High-Capacity cDNA Reverse-Transcription Kit. Quantitative PCR was performed using SYBR Green PCR Master <ix (Promega) on a Bio-Rad C1000 thermal cycler CFX96 Real-Time System. All PCR data were normalized to 36B4 expression in the corresponding samples. Sequences of primers are shown in Supplemental Table 1.

ChIP assay. The mouse livers were homogenized and treated with 1% formaldehyde at room temperature for 10 minutes and lysed with ChIP cell lysis buffer (10 mM Tris-HCl, pH 8.0, 10 mM NaCl, 3 mM MgCl₂, 0.5% NP-40, and protease inhibitor cocktail) and ChIP nuclear lysis buffer (50 mM Tris-HCl, pH 8.0, 5 mM EDTA, 1% SDS, and protease inhibitor cocktail). Cell lysates were sonicated to shear the chromatin and immunoprecipitated with antibodies specific for KLF9 (Abcam, catalog ab227920), GR (MilliporeSigma, catalog SAB4501309) or unspecific IgG (Santa Cruz Biotechnology Inc., catalog sc-2027). The immunoprecipitates were isolated using protein A/G-agarose beads (Invitrogen), and these were washed and eluted with1% SDS in 0.1 M NaHCO₃. After reversing the crosslinks by incubation at 65°C overnight and using proteinase K digestion, the immunoprecipitated DNA fragments and input DNA were recovered by a PCR purification kit (QIAGEN). The purified DNA was used to amplify the GR and Klf9 regulatory element on the mouse Klf9 and Pgc1a promoters, respectively. ChIP assay was performed as described above. The ad libitum-fed or 24 hour-fasted liver lysates were immunoprecipitated with antibodies specific for PGC1a or unspecific IgG; subsequently, the purified DNA was used to amplify the mouse *Pck1* and *G6pc* promoters, respectively. PCR products were visualized by electrophoresis on an agarose gel containing ethidium bromide under UV light. Primers directed at upstream or downstream of the binding site were used as negative controls. Specific primers used are shown in Supplemental Table 2.

Protein analysis. Proteins were extracted from tissue samples or cultured hepatocytes in lysis buffer (20 mM Tris-Cl pH 7.5, 140 mM NaCl, 1 mM CaCl₂ and MgCl₂, 10 mM NaF, 1% NP-40, 10% glycerol, 2 mM Na-Vanadate, and 1 mM PMSF) supplemented with cOmplete Protease Inhibitor Cocktail (Roche). Protein extracts were subjected to 10% SDS-polyacrylamide gel and blotted on PVDF membranes. Immunoblotting was performed using the following primary antibodies: KLF9 (ABclonal, catalog A7196), PGC1α (MilliporeSigma, catalog AB3242), β-actin (ABclonal, catalog ACO26).

Glucose output assay. Primary hepatocytes were cultured in 6-well plates in RPMI 1640 media (Invitrogen) containing 10% FBS) After 6-12 hr of attachment, cells were treated with Dex (100 nM) or saline (control) for 12 hours, or infected with indicated Ad-Klf9 or Ad-GFP (control) for 48 hours. The medium was then replaced with 1.5 ml of glucose production buffer (GPB) consisting of glucose-free DMEM (pH 7.4) without phenol red, supplemented with 20 mM sodium lactate and 2 mM sodium pyruvate and incubated for 3 hours at 37°C. The GPB was collected and the glucose concentration was measured using a colorimetric glucose assay kit (MilliporeSigma). The total amount of the final glucose production was corrected for protein content.

Histology analysis. For H&E staining, liver tissues were fixed in 10% neutral-buffered formalin, embedded in paraffin, and cut into 5 µm sections.

Preparation of the expression plasmids. Full-length mouse Klf9 (Gen-Bank NM_010638) was obtained by PCR amplification of the cDNA from mouse liver and cloned into pcDNA3.1* with EcoRI/XhoI restriction sites. The full-length human GR (GenBank NM_000176) was cloned into pcDNA4-myc/His with BamHI/XhoI restriction sites. All constructs were confirmed using direct nucleotide sequencing, and the primers used for plasmid construction are shown in Supplemental Table 3.

Construction of the reporter gene plasmids. The 5' end of the mouse Klf9 gene extending from position –1771 bp (relative to the transcription start site) to +220 was cloned into the pGL3-Basic (Promega) luciferase reporter plasmid with the MluI/XhoI sites. The 5' deletion and corresponding mutation constructs of Klf9 (–944Luc and mut) were prepared by PCR using –1771Luc as a template. The mouse Pgc1a gene promoter (–729 to +82 bp) was amplified using mouse genomic DNA and inserted into pGL3-Basic (–729Luc). A series of 5' deletions and corresponding mutation constructs of Pgc1a(–464Luc, –174Luc, +68Luc, mut) were prepared by PCR using –729Luc as a template. The primers used for plasmid construction are shown in Supplemental Table 3.

Transient transfection and luciferase assays. The HepG2 cells were grown in 24-well plates using DMEM (Gibco/BRL, Thermo Fisher Scientific, 37°C, 5% CO₂) containing 10% FBS. The cells were cotransfected with each of the indicated luciferase reporter and expression plasmids using Lipofectamine TM 2000 (Invitrogen) according to the manufacturer's recommendations. Cotranfections were performed with a constant amount of DNA by adding the empty pcDNA3.1. A

Renilla luciferase expression vector, pCMV-RL-TK, was used as an internal control to adjust for the transfection efficiency. The luciferase activity was measured at 48 hours after transfection using the Dual Luciferase Reporter Assay System (Promega).

See complete unedited blots in the supplemental material.

Statistics. The quantitative data are represented as the mean \pm SEM of 3 independent experiments. In most of the cases for in vivo experiments in mice, n=5 was the minimum amount used. Two-tailed, unpaired Student's t test was used for pairwise comparison of genotypes or treatments. One-way ANOVA and 2-ANOVA were used when comparing 3 or more groups, as indicated in the figure legends and elsewhere. Analysis was performed using Microsoft Excel and/or GraphPad Prism. P < 0.05 was considered significant.

Study approval. All animal experiments were conducted under protocols approved by the Institutional Animal Care, Use, and Welfare Committee, Institute of Basic Medical Sciences, Chinese Academy of Medical Sciences and Peking Union Medical College.

Author contributions

YC, AC, HF, QC, and JY designed research studies. AC, HF, Yinliang Zhang, and Yujie Zhang conducted experiments. AC, HF, Yinliang Zhang, Yujie Zhang, DN, SL, LS, YL, HZ, YX, and YC acquired data. AC, HF, Yinliang Zhang, Yujie Zhang, WM, JY, QC, YC, QL, QW, ZS, XX, and FF analyzed data. YC, ZS, and QW provided reagents. YC wrote the manuscript.

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